All Saints Youth Group – Newsletter 27th April 2020





Hello Everyone, Welcome to our first newsletter.

We should have had a Youth Group session on Thursday evening and we are disappointed that we are not able to meet at the current time. So, Sarah, Kathryn, Marie and Cathy thought we could keep in touch this way. The Newsletter has five parts: A Quiz

A Challenge Saint of the Week

Invitation to join in something online.

A Prayer

True or False Animal Quiz - decide whether each statement is True or False

3. A shark is a mammal True / False

4. Crocodiles have no sweat glands so release heat through their mouths True / False

6. Cats spend an average of 10-12hours a day sleeping True / False

7. A dolphin is a mammal True / False

8. A bee has 2 sets of wings True / False

9. Rabbits are born blind True / False

10. A group of lions is called a school True / False

The answers can be found at the end.

First Challenge - We know that many of you are interested in the environment so the challenge this time is about water.

Water is a precious resource, we can't live without it. We must have care for how we use it. Saving water helps to preserve our environment and ensure that water will not run out in the future. Also, a lot of energy is used when we heat the hot water that comes out of our taps. Heating less water, therefore, saves energy.

Your challenge this week is to stay under the shower for just 4 minutes, each time you take a shower. To start with:

- do you know how long you usually spend in the shower? Time it. Then
- try to spend just 4 minutes next time and keep it up for a week

Let us know how you found this challenge.

Saint of the Week - St Zita Feast Day 27th April

We have already heard about St Zita because she is the patron saint of one of our members.



- Zita was born in Tuscany in Italy in 1272
- When she was 12 she became a housekeeper in the home of a rich merchant
- She attended Mass every day
- She gave gifts of food to the poor and visited the sick
- Zita was well known for all her good deeds
- She is appealed to in order to help find lost keys

Invitation

Alton Castle is the retreat centre in the Staffordshire Moorlands that many of you will have visited. It is closed to groups at the moment but some of the team are still living there. Join them for live Night Prayer and Adoration on Tuesday at 8.00pm. and Thursday at 8.15pm. on the Alton Castle Retreat Centre Facebook Page or Soli Instagram. Do let us know what you think about this.

Final Prayer

Dear God, thank you for today. Thank you for the birds and animals, the sun and the rain. Thank you for the life we live and making each person different.

Thank you for Jesus who died that we might be saved. What an amazing God you are! In Jesus' name, Amen.

Help Please – can you think of a better name for this 'thing' – 'newsletter' sounds so boring. Ideas please!

We hope you enjoyed this newsletter. If you have comments or ideas for future newsletters please ask you parents/carers to get in touch via Sarah by emailing olas.stourbridge@rcaob.org.uk God bless, Sarah, Marie, Kathryn and Cathy

True or False Animal Quiz Answers:

1. False - mice live about 2 yrs in cages but only about 4mths in the wild

2. True 3. False – it is a fish

4. True **5.** True

6. True **7**. True

8. False – just one pair9. True10. False – a pride