



## Saint of the Week - St Zita    Feast Day 27<sup>th</sup> April

We have already heard about St Zita because she is the patron saint of one of our members.



- Zita was born in Tuscany in Italy in 1272
- When she was 12 she became a housekeeper in the home of a rich merchant
- She attended Mass every day
- She gave gifts of food to the poor and visited the sick
- Zita was well known for all her good deeds
- She is appealed to in order to help find lost keys

### Invitation

Alton Castle is the retreat centre in the Staffordshire Moorlands that many of you will have visited. It is closed to groups at the moment but some of the team are still living there. Join them for live Night Prayer and Adoration on Tuesday at 8.00pm. and Thursday at 8.15pm. on the Alton Castle Retreat Centre Facebook Page or Soli Instagram. Do let us know what you think about this.

### Final Prayer

Dear God, thank you for today. Thank you for the birds and animals, the sun and the rain. Thank you for the life we live and making each person different. Thank you for Jesus who died that we might be saved. What an amazing God you are! In Jesus' name, Amen.

**Help Please – can you think of a better name for this ‘thing’ – ‘newsletter’ sounds so boring. Ideas please!**

We hope you enjoyed this newsletter. If you have comments or ideas for future newsletters please ask you parents/carers to get in touch via Sarah by emailing [olas.stourbridge@rcaob.org.uk](mailto:olas.stourbridge@rcaob.org.uk)  
**God bless, Sarah, Marie, Kathryn and Cathy**

### True or False Animal Quiz Answers:

1. False - mice live about 2 yrs in cages but only about 4mths in the wild
2. True
3. False – it is a fish
4. True
5. True
6. True
7. True
8. False – just one pair
9. True
10. False – a pride